



PROVING PREVENTION WORKS

**THE FAMILY FIRST PREVENTION
SERVICES ACT (FFPSA) PART I**



OPEEKA

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At Opeeka, our mission is to promote well-being for all. If well-being is a ladder, then our goal is to help empower every person to take upward steps.

Opeeka's Person-Centered Intelligence Solution (P-CIS) is a revolutionary new cloud-based assessment software that tracks progress toward well-being over time.

Family First Prevention Services Act Part I and Opeeka's Person Centered Intelligence Software

The Family First Prevention Services Act (FFPSA) is a landmark federally supported opportunity to provide more supports and services to maintain children and youth in home-like settings with their natural caregivers and families. Certain requirements of the Act necessitate tracking and collection of additional information about families and how service systems identify and deliver care. This concept paper identifies how P-CIS will assist with critical aspects included in Part I of the Act.

P-CIS is an assessment and outcomes management solution designed to help organizations, agencies and their staff members to plan and guide person-centered care while measuring progress along personal trajectories of safety, permanency and success. It helps capture family circumstances in meaningful ways resulting in reliable, valid and consistently administered outcome measures affecting program participants or all persons receiving services.

P-CIS organizes information into areas of needs and strengths and tracks outcomes over time. It coordinates information about families into Story Maps, which better allows staff to recognize, understand, and respond to the effects of adversity or traumatic experiences using trauma-informed approaches that have proven successful for families with similar experiences. P-CIS transforms assessment data from any source or type, into a family report with notes for care plans, enhancing the information and the care delivery process.

Prevention Activities under Title IV-E 50711 Foster Care Prevention Services and Programs

The Prevention Plan

From the Act: As a requirement related to providing Services and Programs, a state or county must maintain a written prevention plan for the child. Services and programs in the prevention plan must be trauma-informed. The requirements include:

- Identify the foster care prevention strategy for the child so that the child may remain safely at home, live temporarily with a kin caregiver until reunification can be safely achieved, or live permanently with a kin caregiver;
- List the services or programs to be provided to or on behalf of the child to ensure the success of that prevention strategy;

A care prevention plan must be customized to meet the individualized strengths and needs of the child/youth and family. The first step is to assess and identify strengths and needs, and the second step is to match services, supports or activities to meet those needs and maximize or build strengths.

Often, gathering the information needed is an unstructured activity during which stories and emotions emerge and intertwine. Identifying and prioritizing child and caregiver strengths and needs is an orienting first step. Assessments which capture information about areas of strengths and needs are helpful tools to structure the process of information gathering. But professionals and teams often struggle to translate that assessment data into meaningful care plans. P-CIS uniquely supports this challenging task.



Gather Needs & Strengths



Match Services, Supports, and Activities



Keep Child/Youth Safe and at home

P-CIS is a software that was designed with care plans in mind. It's custom reports support the development of child and family-specific care plans that are organized, actionable, strengths-based, culturally competent and customized to meet the individualized strengths and needs of the child/youth and family.

Story Map

P-CIS helps transform information about needs and strengths of each individual into story maps.

A story map organizes assessment data into a visual tool. Customized thresholds are automatically applied to assessment responses, such that beyond the threshold, areas of the child's circumstances are categorized into needs for focus and strengths to build or use in the plan.

Family Report

A Family Report from P-CIS automatically converts the data captured in the assessment and notes into a written plan that is suitable for a child/youth or family to understand.

As soon as the assessment is completed, a written plan in the form of a Family Report for each family member can be viewed or downloaded. There are two reports for each family member: a needs report and a strengths report.

Story Map

In the Story Map, areas of a person's circumstances are organized, providing actionable insights at a glance. P-CIS converts assessments into story maps to support the development of care plans that take into consideration parts of a person's story.

Underlying Items		Action Items						Needs in Background	
Item	Rating	Needs for Focus			Strengths to Build or Present			Item	Rating
		Item	Rating	Priority	Item	Rating	Use/Build		
TRM-Community Violence	3	LDF-Family	3	1	STR-Community Life	0	Use	BEN-Anxiety	1
TRM-War Affected	3	CGV-Resources -Silvia	3	1	STR-Coping and Sav...	0	Use	BEN-Depression	1
TRM-Witness to Family Violence	3	LDF-Living Situation	2	2	ACC-Identity	0	Use	LDF-Developmental/ Intellectual	1
TRM-Physical Abuse	1	CGV-Residential Stability -Sil...	2	2	STR-Interpersonal	0	Use	LDF-Legal	1
		LDF-Sleep	2	3	ACC-Language	0	Use	LDF-Recreational	1
		LDF-School Behavior	2	4	STR-Optimism	0	Use	RSK-Runaway	1
		BEN-Attention/ Concentration	2	5	STR-Relationship Pe...	0	Use	LDF-School Achievement	1
		BEN-Impulsivity	2	6	STR-Resilience	0	Use	LDF-School Attendance	1
		BEN-Oppositional Behavior	2	7	ACC-Ritual	0	Use	LDF-Social Functioning	1
		BEN-Anger Control	2	8	STR-Talent/Interests	0	Use	CGV-Involvement with Care-Silvia	1
					STR-Vocational	0	Use		
					STR-Spiritual/Religi...	3	Build		
					ACC-Culture Stress	2	Build		
					STR-Family	2	Build		

Family Report

Family Reports list the areas of focus along with latest progress. The Notes section identifies the specific care plan, and there is plenty of room for families to take notes or draw pictures to capture their own thoughts during the process. Dedicating this space on the plan for children/youth and families enhances their voices and reinforces that their thoughts and feelings are important.

Review Of Previous and Latest Needs

Based on the latest assessment on 4/9/2020, 0 areas of need have a **Goal Reached**. There are 11 needs **In Progress** which also includes 11 **New** need. There are 13 **Background Needs**. You can use the **Notes/Drawing** area to track your thoughts during discussions or between meetings.

	Previous	Latest 4/9/2020	Notes/Drawing
Goal Reached :	Rating	Rating	
In Progress :	Rating	Rating	
New :			
- Family		3	
- Living Situation		2	
- Sleep		2	
- School Attendance		3	
- Psychosis		1	
- Depression		2	
- Anxiety		1	
- Attachment Difficulties		3	
- Eating Disturbances		3	
- Intentional Misbehavior		2	

Goals Reached



White has 0 areas which reached goals.

Needs In Progress



White has 11 needs in progress.

Key

	Met Goals
	Need in Background
	Need For Focus

Notes

These notes describes the progress that the care team has made on needs over time.

Month 1, 4/9/2020

Family
To address Cinderella's isolation from her father and mother's family relatives, the plan will include Family Finding.

Living Situation
To address the current living situation, Cinderella is being temporarily placed with a resource family.

Sleep
Cinderella has not been able to sleep away from her mice friends as she fears for their safety. Cinderella will call Lady at 7PM each night to check on her mice friends so that she can sleep reassured of their well-being.

School Attendance
The resource family has agreed to ensure Cinderella attends school on time daily. Lady is identifying ways that she can support Cinderella's attendance of school.

Oppositional Behavior
Cinderella has agreed to attend therapy to address the physical responses to her anger.

Conduct
The probation officer has assigned community services for 20 hours. Cinderella will be volunteering at a soup clinic.

Attachment Difficulties
Cinderella has agreed to work with a therapist for psychotherapy.

Eating Disturbances
Cinderella has agreed to work with her therapist for dialectic behavioral therapy and a nutritionist to address her eating disturbances.





Intentional Misbehavior
Cinderella has agreed to work with a therapist for behavior.


Prevention Activities under Title IV-E50711 Foster Care Prevention Services and Programs

Trauma Informed Care

From the Act: The services or programs to be provided to or on behalf of a child, under an organizational structure and treatment framework involves understanding, recognizing, and responding to the effects of all types of trauma. Care is delivered in accordance with recognized principles of a trauma-informed approach and with specific interventions to address trauma’s consequences and facilitate healing.

Trauma-informed care recognizes, acknowledges, and seeks to mitigate the impact of adversity and trauma which are affecting the child and their family. While it may be difficult to talk about, understanding a child/youth and family’s trauma helps provide context and meaning to their circumstances, and allows professionals to authentically understand the family’s situation and needs. Assessment questions can identify types of trauma, which provides clues about underlying need. P-CIS immediately highlights areas of underlying need, with a particular focus on traumatic experiences.

-  Evidence of trauma is identified with visual call outs that immediately appear when assessments are displayed in P-CIS.
-  An orange shield identifies areas of trauma experience.
-  Notes provide more information and context about the experience.
-  Identified traumatic experiences are summarized together in the Story Map in the Underlying Needs section.

TRAUMATIC/ADVERSE CHILDHOOD EXPERIENCES		10
+ Sexual Abuse		0
+ Physical Abuse		0
+ Emotional Abuse 		3
+ Neglect 		3
+ Medical Trauma		0
+ Witness to Family Violence 		1
+ Community Violence		0
+ School Violence		0

Prevention Activities under Title IV-E50711 Foster Care Prevention Services and Programs

Measuring Outcomes

From the Act: For services and programs provided in accordance with promising, supported, or well-supported practices:

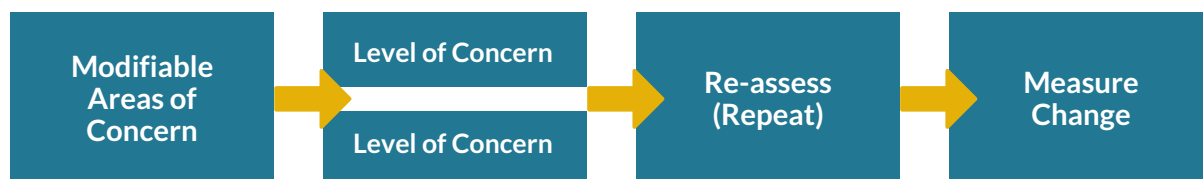
Outcome measures are reliable and valid, and are administrated consistently and accurately across all those receiving the practice.

Outcomes are a result of a change in a measure that is the target of change. Change is expected in the area of focus; the measure of the change becomes the outcome of care. Because human behavior is complex, complexities of life can be difficult to boil down into a measure or an outcome.

Example areas of focus:

- Increase organization and structure in the environment of the child/youth
- Decrease time spent without supervision
- Increase stability and safety of a living situation

Assessments which can evaluate the quality and quantity related to each area of need are helpful in operationalizing outcome tracking.



Measured change translates into outcomes.

P-CIS supports and integrates nearly any assessment used in human services practice:

- Screening tools
- Level of care assessments
- Diagnostic tools
- Checklists
- Functional assessments
- Decision support tools
- Satisfaction surveys

P-CIS provides visualization of longitudinal changes in outcomes as measured through assessment and reassessment. P-CIS supports defined schedules with automated reminders, a supervisor review process, and reports that measure change over time. P-CIS promotes practices that support reliable and valid outcome measures that are collected consistently and accurately for children, youth, and families.

The FFPSA provides guidance and the necessary funding flexibility to augment prevention activities, keeping children and youth more often in home and family care settings, surrounded by natural and community supports. P-CIS uniquely facilitates the collection and sharing of information needed to build prevention strategies across a system of care and automates the conversion of assessment data into trauma-informed written plans.

Future Concepts Covered

FFPSA Part II

Facilitating working with partners to serve children in out-of-home placements.

FFPSA Part III

How P-CIS facilitates risk assessment as part of a statewide plan to prevent child abuse and neglect fatalities.

FFPSA Part IV

Ways in which P-CIS helps assess and document the need for placement in a qualified residential treatment program (QRTP).

FFPSA Part V

Ways in which P-CIS supports the efforts to support and retain foster families.

FFPSA Part VI-VII

How P-CIS' Inquisitive Data Exchange process simplifies data exchange standards for improved interoperability.